

DOCUMENTARY TERRA FRAGILE

Trailer: www.terrafragile.it

International Awards & Recognitions

- Award Winner – Hong Kong Indie Film Festival
- Award Winner – Berlin Indie Film Festival
- Semi-Finalist – European Cinematography Awards (ECA)
- Semi-Finalist – Madrid Arthouse Film Festival
- Quarter Finalist – Vancouver International Movie Awards

Technical Details

- Length: 54 minutes
- Country: Italy
- Year: 2023
- Genre: Documentary – Culture / Italian Food Heritage / Environment
- Language: Italian
- Subtitles: English
- Status: Completed
- Format: 4K – 16:9 – Stereo

Logline

A cinematic journey across Italy, from the Ionian Sea to the Alps, exploring food as a profound meeting point between people, nature and cultural identity.

Synopsis

Terra Fragile is a journey across Italy from South to North, from Puglia to the Alps, exploring one of the most fascinating and globally admired cultural heritages: Italian food.

Through encounters with farmers, breeders and artisanal producers, the film reveals the tension between industrial food systems and agricultural realities committed to sustainable and environmentally conscious practices. Food becomes the key to understanding the deep connection between land, culture and community.

As the journey unfolds, a broader reflection emerges: the way we produce and consume food shapes not only the economy, but also the balance of ecosystems and social life.

Alongside the critical challenges, the documentary highlights inspiring experiences embodied by those who have chosen environmentally responsible production models that protect biodiversity.

Terra Fragile weaves together identity, tradition and future perspectives, offering a contemporary look at what makes “Made in Italy” a cultural heritage before it is an economic brand.

Director's Statement

Terra Fragile was born from the desire to portray food not merely as gastronomic excellence, but as a cultural and identity-driven element deeply rooted in the Italian landscape.

Travelling from the Ionian Sea to the Alps allowed me to observe diverse realities connected by a common question: what direction is food production taking today?

The film contrasts different production models, showing how agricultural choices directly impact landscape quality, biodiversity and soil health. The fragility referenced in the title concerns the delicate balance between human activity and nature — a balance that can be damaged, but also restored.

Through faces, gestures and places, I sought to convey the complexity and richness of Italy's food heritage, focusing on present responsibilities and future possibilities.

— Fabrizio Zanotti

Director's Biography

Fabrizio Zanotti (b. 1974, Italy) is an Italian director and producer with over twenty-five years of experience in television and documentary filmmaking.

He has collaborated with national broadcasters including RAI and Mediaset, producing more than 250 television reports and seven documentaries focused on cultural heritage, environmental issues and rural identity.

His work explores the relationship between territory, community and sustainability, with particular attention to Italian food culture and mountain traditions.

Terra Fragile received multiple international recognitions, including awards at the Hong Kong Indie Film Festival and the Berlin Indie Film Festival.

Credits

- Director: Fabrizio Zanotti
- Editing: Fabrizio Zanotti
- Production: Glocalcom sas

Rights Availability

Available for international TV broadcast and non-exclusive licensing.

Contact

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